

COVID REQUIREMENTS FOR TRAVEL FROM THE USA TO THE UNITED KINGDOM, NORTHERN IRELAND AND SOUTHERN AFRICA

For travelers from the USA please take note of the following:

If traveling with prescription medication, check with the government of the country you're visiting, to ensure the medication is legal in that country. Always, carry your prescription medication in original packaging with your doctor's prescription.

- Bring medications sufficient for the duration of your trip in original packaging;
- Carry your prescriptions;
- Be prepared to pay up front for medical services;
- Be prepared to arrange your own transportation to medical facilities.

Be aware that U.S. Medicare does not apply overseas.

Medical Insurance:

Make sure your health insurance plan provides coverage overseas. Most care providers overseas only accept cash payments.

See the following webpages for more information on travel insurance comparisons and information.

<https://www.insuremytrip.com/>

[Insurance Providers for Overseas Coverage \(state.gov\)](#)

Travel Insurance:

We strongly recommend [supplemental insurance](#) to cover medical evacuation.

USA GOVERNMENT ALERTS

United Kingdom and Northern Ireland:

Effective on December 28, 2020, air passengers arriving from the United Kingdom (U.K.) must present a negative COVID test, via PCR or Antigen test, no more than 72 hours before departure from the U.K. to the United States.

Passengers are required to get a viral test (i.e., a test for current infection) within the 3 days before their flight from the U.K. to the U.S. departs, and provide written documentation of their laboratory test result (in hard copy or electronic) to the airline. Airlines must confirm the negative test result for all passengers before they board. If a passenger chooses not to take a test, the airline must deny boarding to the passenger.

South Africa:

A new variant of the COVID-19 virus, known as 501.V2, is driving infection rates in areas of South Africa. This discovery is gaining increased international attention and currently as many as 15 countries have banned flights and travelers who have spent time in The Republic of South Africa in the last 10 days.

Actions to Take:

- Travelers should consult with their airlines to inquire about potential flight cancellations and rerouting.
- Check destination and transit countries' rules and regulations regarding traveling from South Africa and the United Kingdom.
- Exercise increased hygiene measures and social distancing in South Africa and the United Kingdom, especially in areas where COVID case numbers are increasing.
- Visit the country's COVID information and resource links below, for additional information.
- Monitor local and international media for continuing developments.

United Kingdom and Northern Ireland

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/UnitedKingdom.html>

<https://wwwnc.cdc.gov/travel/notices/covid-4/coronavirus-united-kingdom>

<https://uk.usembassy.gov/health-alert-u-s-embassy-london-uk-december-25-2020/>

South Africa

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories/south-africa-travel-advisory.html>

<https://wwwnc.cdc.gov/travel/notices/covid-4/coronavirus-south-africa>

<https://za.usembassy.gov/covid-19-information-2/>

Zimbabwe

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Zimbabwe.html>

<https://zw.usembassy.gov/covid-19-information-2/>

<https://wwwnc.cdc.gov/travel/notices/covid-4/coronavirus-zimbabwe>

Botswana

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Botswana.html>

<https://bw.usembassy.gov/covid-19-information/>

<https://wwwnc.cdc.gov/travel/notices/covid-4/coronavirus-botswana>